



General Regulations - 5-a-side Football



ARTICLE 1

All students of Politecnico di Milano can participate in the Championship (Laurea (equivalent to Bachelor of Science), Laurea magistrale (equivalent to Master of Science), doctoral programme, specializing masters, specializing courses, university degrees, erasmus, etc.). All team members must be students of the same degree courses. All players participating in the Championship must hold the basic subscription, valid for the academic year and with a currently valid regular medical examination. Green pass is mandatory for each participants.

The tournament Organizing Committee reserves the right to perform all appropriate checks required.

ARTICLE 2

The Championship provides for a first-round phase, where each team will meet the other teams of its round. The highest ranked teams will pass to the knockout phase.

ARTICLE 3

During the round phase, the ranking of each round is established according to the following scores:

- 3 points for each match won,
- 1 point for each match drawn,
- 0 points for each match lost.

ARTICLE 4

The duration of the match is of 2 halves (not effective time) of 20 minutes with a maximum 5-minute interval between the two halves. Only during the knockout phase, in case of a tie at the end of the regular periods, there will be the penalty kicks (3 for each team and then indefinitely). At the match, each team must present to the referee the match list with the participating players.

ARTICLE 5

The team that does not field within 15 minutes of the official time fixed for the beginning will be considered renunciatory. The referee's watch will be used as proof of that. The defaulting teams will be declared losers by 0-6. The maximum number of players that can be added in each match list is 12.

ARTICLE 6

For the five-a-side football tournament, each player can participate with one team; if a player is included in the list of a team, he can't be added to another list. The competition days for all tournaments will be the same, so if a player decides to register for more tournaments, the player will have to choose for which discipline to play. The Organizing Committee declines any request to move the matches.

ARTICLE 7

The matches will be played at C.S. Giuriati, from Monday to Friday from 6:00 pm.

It is absolutely forbidden the use of 11 a side football shoes on the playing fields; the only types of shoes that allow players to enter regularly in the field are 5 a side football shoes or sneakers. The referee can deny the right to play the match to players with only 11 a side football shoes.





ARTICLE 8

The Organizing Committee can unquestionably change starting time and calendar days of tournament. If this eventuality will happen, the Organizing Committee will promptly notify the captains of the team/s.

ARTICLE 9

The matches, once in the calendar and appointed, cannot be moved, except for any organizational problems by the Organizing Committee. Therefore, any other request of change will NOT be accepted.

ARTICLE 10

The Disciplinary Committee, formed by the organizers of the tournament and a representative of the referees, is the competent body of the tournament that can take actions on possible complaints.

ARTICLE 11

A yellow card in two matches is automatically considered as a warning; if the player will receive a yellow card a third time, he will be automatically disqualified for the next match.

Yellow cards and/or warnings will be cleared at the end of the round phase; in any case, the measures in place will not be cancelled (e.g.: ongoing disqualifications).

A player, sent off by the Referee during the course of a match, will be automatically disqualified for the next day of competition.

The judging Commission of the tournament will communicate further disciplinary penalties through communication of the Technical Official of the Championship at the end of the competition or at least 24 hours before the next match, or by notice to the responsible person of the disqualified team.

ARTICLE 12

A player, sent off for one or more days, must serve the terms of ejection in the following matches. In case of result by forfeit of his team during the period of sending-off, if the result will be positive for his team, the days will be counted for disqualification; on the contrary, if the result by forfeit is for the opponent team, the player must serve the disqualification day in the following match.

ARTICLE 13

The results, rankings, any existing penalties, dates and times of the matches of the following week and all useful information during the execution of the tournament, will be published in the special section on **www.sport.polimi.it** at the end of each week of competition.

ARTICLE 14

For all matters not provided in the above-mentioned Regulations, please consider the technical and disciplinary rules of the FIGC - 5-a-side Football Division, with particular reference to the following situations related to **Game Characteristics:**

a) NUMBER OF PLAYERS

The team fields 5 players, one of them as goalkeeper. The reserve players can be no more than 7, including the second goalkeeper. A player cannot play matches in Championship with different teams.

b) SUBSTITUTIONS DURING THE GAME

Substitutions, even when the ball is in play, are permitted in unlimited number. The only substitution that can't be done during the game is that of the goalkeeper, that can be replaced not with ball in play, and by informing the referee. Players that come into play, however, they have to exit and enter the field of play, in the area bounded on the defensive half of the field within the marked boundaries. Those entering must wait for the exit of the other player of his team, or they will be penalized with a yellow card and eventually an indirect free kick for the opponent team.





c) RULE OF THE 4 SECONDS

When the game restarts from the by-line, sidelines, corner or free kicks, the team that puts into play the ball must do it in 4 seconds, or there will be an inversion of the restart of game or an indirect free kick when the delay is due to the goalkeeper. In case of free kick, if the ball is placed in a suitable position where the foul happened and the distance of the opponent players is defined as playable, at the referee's discretion, it is possible to start to count the 4 seconds both for direct or indirect free kick. If the referee is required to check the minimum distance (5 meters), the count of 4 seconds will start from the whistle signal.

d) THROW-IN AND CORNER

The ball must be played with the feet and should be placed, for the throw-in, on the line or up to 25 cm from the line toward the outside of the pitch, with both feet off the pitch and within 4 seconds. On the contrary, the referee declares the inversion.

e) SENDING-OFF FOR LIMITED TIME

In 5-a-side football, the sending-off is definitive for the player, who undergoes it, that he cannot come back in game anymore. The team can restore the equal number through replacement after two minutes from the disqualification, under permission of the referee, or in case the opposing team is attacking a goal, immediately after the action.

f) TIME OUT

Each team, through its coach or captain, can request a temporary suspension per match. The time-out duration is of 1 minute. The time out minute will be counted as extra-time.

g) THE GOALKEEPER

- -He must throw in the ball from the bottom with his hands within 4 seconds;
- He cannot touch and control the ball with hands voluntarily passed to him by one of his team member.
- -He cannot play with the ball for more than 4 seconds, within his half.
- -He has the right to only one possession per "action": the action ends when an opponent plays the ball or a whistle interrupts the game the TO or by the restart of play (from the bottom, side, corner).

h) CUMULATIVE FOULS AND FREE KICKS

At the fifth foul, the referee will warn the two teams of the bonus achieved by the team that has undergone the unfair conduct, punishable by a direct free kick. From that moment, every foul committed by the team that has exhausted the limit of fouls, it will be punished with a free kick. The other players, team members and opponents must be positioned at least 5 meters away from the ball and behind the ball line. The free kick can be executed only after the whistle signal. The free kick can be executed only after the whistle signal. The goalkeeper, during the free kick, can be positioned at 5 meters from the ball but, at the whistle signal, he cannot move forward from the place where he chose to be placed. Both cumulative fouls and fouls taken are considered punishable with direct free kicks. At the end of the first half, the number of cumulative fouls is reset to zero.

ARTICLE 15

The winning team will be declared "Study Programme Champion of Politecnico di Milano". The defending champions will keep the cup for \underline{n} 7 days after the final match; the cup must be returned to the Organizing Committee of Polimi Championships.





ARTICLE 16

(Image rights)

By registering for the Politecnico di Milano Student Championships, the student expressly authorises the Politecnico di Milano to use the image of the undersigned, by means of television, film, photography or other means, during their participation in the activity, and confirms said authorisation with this declaration, granting the aforementioned body every right, without obligation, to record, reproduce, print, publish, project, disseminate, and in any case use any such images by any means currently known or to be invented in the future, without limits of time or any other kind, throughout the world, as well as the right to transfer them to third parties, including for promotional and/or advertising purposes. The student also declares that they have no claims or expectations of the Politecnico di Milano and/or other promoting bodies involved directly or indirectly in the event, and/or assignees and/or successors, and more generally, of anyone who uses and exploits their image, since any claim that could be made by the student is satisfied by the opportunity to participate in the sporting event.

ARTICLE 17

Additional rules:

- Athletes must comply with the regulations of the Giuriati Sports Center and the rulegulations related to the containment of the Covid19 pandemic.

Registration to the tournament implies the silent acceptance of these Regulations. The registered teams undertake to comply with it.

Milan, 10/09/2021