

GIURIATI Masterclass Schedule

from Sept 2025, 29th to June 2026, 7th									
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
		08:00 09:00Pilates Marco T.		07:30 08:30Padel Intermediate Yvan B. 08:00 09:00Pilates Marco T. 08:30 09:30Padel Intermediate Yvan B. 09:30 10:30Padel Base Yvan B. 10:30 11:30Padel Intermediate Yvan B. 11:30 12:30Padel Intermedio Yvan B.		08:00 09:00High Intensity Training Lorenzo C.			
		09:30 10:30Padel Base Stefano C. 10:30 11:30Padel Base Stefano C. 11:30 12:30Padel Intermediate Stefano C. 12:30 13:30Padel Base Stefano C.							
12:00 13:00Weightlifting Anna B.		12:00 13:00Kick Boxing Alessandro N.				12:00 13:00Boxe Christian B.			
13:00 14:00Functional Training Anna B.		13:00 14:00Brazilian Jiu Jitsu NO GI Alessandro N.				13:00 14:00Kick Boxing Christian B.		13:00 14:00Functional Training Lorenzo C.	
		13:30 14:30Padel Advanced Stefano C.							
16:00 17:00Mobility Davide N.				16:00 18:00Cheerleading Umberto M.		16:00 17:00Padel Base Andrea M.			
16:00 17:00Padel Base Yvan B.				17:00 18:00Functional Training Davide B.		16:00 17:00Kick Boxing Alessandro N.		17:00 18:00Yoga Odaka Annerose D.	
17:00 18:00Animal Movement Davide N.		17:00 18:00Kick Boxing Christian B.		18:00 19:00Yoga Vinyasa Krama Silvia V.		17:00 18:00Brazilian Jiu Jitsu SI GI Alessandro N.		17:00 18:00Volleyball Camilla S.	
17:00 18:00Padel Intermediate Yvan B.		18:00 19:00Kick Boxing no contact - liv.2 Christian B.		18:00 19:00Female Futsal Davide B.		17:00 18:00Padel Intermediate Andrea M.		18:00 19:00Volleyball Camilla S.	
18:00 19:00Padel Advanced Yvan B.		18:00 19:00Female Basketball Sacha P.		18:00 19:00Running Andrea S.		18:00 19:00Padel Base Andrea M.		18:00 19:00Jazzercise Paola M.	
18:00 19:00Functional Training Anna B.		18:00 19:00Calisthenics Michele Q.		19:00 20:00Yoga Vinyasa Krama Silvia V.		18:00 19:00Brazilian Jiu Jitsu NO GI Alessandro N.		19:00 20:00Volleyball Camilla S.	
19:00 20:00Weightlifting Anna B.		19:00 20:00Male Futsal Davide B.		19:00 20:00Male Futsal Davide B.		19:00 20:00Padel Intermediate Andrea M.		19:00 20:00Salsa & Bachata Base Isabella I.	
19:00 20:00Padel Base Yvan B.		19:00 20:00Boxe Christian B.		19:00 20:00Running Andrea S.		18:00 19:00Calisthenics Michele Q.		20:00 21:00Volleyball Advanced Camilla S.	
19:00 20:00Ultimate Frisbee Sacha P.		19:00 20:00Male Basketball Sacha P.		20:00 21:00Functional Training Elia B.		19:00 20:00Boxe Ovidiu M.		20:00 21:00Salsa & Bachata Base Isabella I.	
19:00 20:00Female Futsal Lorenzo C.		20:00 21:00Female Futsal Davide B.				20:00 21:00Padel Intermediate Andrea M.		21:00 22:00Volleyball Advanced Camilla S.	
20:00 21:00Padel Base Yvan B.		20:00 21:00Volleyball Camilla S.				21:00 22:00Calisthenics Michele Q.		21:00 22:00Salsa & Bachata Intermediate Isabella I.	
21:00 22:00Padel Intermediate Yvan B.		20:00 21:00Kick Boxing Advanced Christian B.				20:00 21:00Boxe Ovidiu M.			
20:00 21:00High Intensity Training Lorenzo C.		21:00 22:00Volleyball Advanced Camilla S.				21:00 22:00Padel Base Andrea M.			
20.45 21.45High Heels Dance Doga B.									
21:00 22:00High Intensity Training Lorenzo C.									

Masterclass Area	Training Room - Fit Center	Outdoor	Arena	Padel
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