

GIURIATI Masterclass Schedule

DAL 25/09/2023 AL 09/06/2024

LUNEDÌ

12:20	Tai Chi	Roberto G.
13:15	Functional Training	Angelo S.
14:00		
16:00	Padel Intermedio	Yvan B.
17:00	Functional Training	Lorenzo F.
18:00	Padel Base	Yvan B.
18:00	Zumba	Dorian K.
19:00	Padel Intermedio	Yvan B.
18:00	Yoga Odaka	Teresa P.
18:30	Calcio a 5 Femminile	Lorenzo C.
19:30	Yoga Vinyasa Krama	Teresa P.
19:00	Padel Intermedio	Yvan B.
20:00	Padel Intermedio	Yvan B.
19:30	Calcio a 5 Femminile	Alessandro F.
20:30	Calisthenics	Riccardo Z.
19:30	Calisthenics	Riccardo Z.
20:30	Padel Base	Yvan B.
21:00	Padel Intermedio	Yvan B.
21:00	Padel Intermedio	Yvan B.
22:00	High Intensity Training	Lorenzo C.
20:00	Flag Football no contact	Elia B.
21:00		

MARTEDÌ

08:00	Pilates	Marco T.
09:00		
11:30	Padel Base	Stefano C.
13:30	Boogie - base 2	Alice & William
12:20	Boogie - base 2	Alice & William
13:15	Boogie - base 2	Alice & William
12:30	Padel Base	Stefano C.
13:30	Padel Base	Stefano C.
13:00	Brazilian Jiu Jitsu	Andrija M.
14:00	Brazilian Jiu Jitsu	Andrija M.
13:20	Boogie - intermedio 2	Alice & William
14:15	Boogie - intermedio 2	Alice & William
13:30	Padel Base	Stefano C.
14:30	Padel Base	Stefano C.
16:00	Kick Boxing	Christian B.
17:00	Kick Boxing	Christian B.
18:00	Kick Boxing	Christian B.
18:00	Kick Boxing	Christian B.
19:00	Running	Alessandro F.
18:00	Running	Alessandro F.
19:00	Pallacanestro Maschile	Elia B.
18:00	Pallacanestro Maschile	Elia B.
19:30	Calcio a 5 Maschile	Davide B.
18:30	Calcio a 5 Maschile	Davide B.
19:30	Calcio a 5 Maschile	Davide B.
19:00	Kick Boxing	Christian B.
20:00	Kick Boxing	Christian B.
19:00	Pallacanestro 3vs3 Femminile	Alessandro F.
20:00	Pallacanestro 3vs3 Femminile	Alessandro F.
19:00	Pallacanestro 3vs3 Maschile	Elia B.
20:00	Pallacanestro 3vs3 Maschile	Elia B.
20:00	Pallacanestro 3vs3 Maschile	Elia B.
20:00	Kick Boxing Avanzato	Christian B.
21:00	Kick Boxing Avanzato	Christian B.
20:00	Pallacanestro Femminile	Alessandro F.
21:00	Pallacanestro Femminile	Alessandro F.
20:00	Pallamano	Pietro G.
21:00	Pallamano	Pietro G.
22:00	Pallamano	Pietro G.

MERCOLEDÌ

07:30	Padel Intermedio	Yvan B.
08:30	Padel Intermedio	Yvan B.
08:00	Yoga Shiva Flow	Marco T.
09:00	Yoga Shiva Flow	Marco T.
08:30	Padel Intermedio	Yvan B.
09:30	Padel Intermedio	Yvan B.
09:30	Padel Base	Yvan B.
10:30	Padel Base	Yvan B.
10:30	Padel Intermedio	Yvan B.
11:30	Padel Intermedio	Yvan B.
11:30	Padel Base	Yvan B.
12:30	Padel Base	Yvan B.
16:00	Cheerleading	Umberto M.
18:00	Cheerleading	Umberto M.
16:00	Boxe	Alessandro N.
18:00	Boxe	Alessandro N.
17:00	Boxe	Alessandro N.
17:00	Boxe	Alessandro N.
18:00	Calisthenics	Olivier B.
18:00	Calisthenics	Olivier B.
19:00	Boxe	Ovidiu M.
18:00	Boxe	Ovidiu M.
19:00	Boxe	Ovidiu M.
18:30	Calcio a 5 Maschile	Davide B.
19:30	Calcio a 5 Maschile	Davide B.
18:30	Calcio a 5 Maschile	Davide B.
19:30	Calcio a 5 Maschile	Davide B.
19:00	Boxe	Ovidiu M.
20:00	Boxe	Ovidiu M.
19:00	Calisthenics	Olivier B.
20:00	Calisthenics	Olivier B.
19:30	Calcio a 5 Maschile	Davide B.
20:30	Calcio a 5 Maschile	Davide B.
19:30	Calcio a 5 Maschile	Davide B.
20:30	Calcio a 5 Maschile	Davide B.
20:00	Functional Training	Olivier B.
21:00	Functional Training	Olivier B.
20:00	Ultimate Frisbee	Elia B.
21:00	Ultimate Frisbee	Elia B.
20:00	Ultimate Frisbee	Elia B.
21:00	Ultimate Frisbee	Elia B.

GIOVEDÌ

08:00	Functional Training	Elia B.
09:00	Functional Training	Elia B.
12:00	Kick Boxing	Christian B.
13:00	Kick Boxing	Christian B.
13:00	Kick Boxing	Christian B.
14:00	Kick Boxing	Christian B.
14:00	Karate	Luca F.
15:00	Karate	Luca F.
16:00	Padel Base	Andrea M.
17:00	Padel Base	Andrea M.
17:00	Emotion in Motion	Cecilia C.
18:00	Emotion in Motion	Cecilia C.
17:00	Padel Intermedio	Andrea M.
18:00	Padel Intermedio	Andrea M.
18:00	Padel Intermedio	Andrea M.
19:00	Padel Intermedio	Andrea M.
18:00	Functional Training	Olivier B.
19:00	Functional Training	Olivier B.
18:00	Functional Training	Olivier B.
19:00	Functional Training	Olivier B.
18:30	Running	Alessandro F.
19:30	Running	Alessandro F.
18:30	Running	Alessandro F.
19:30	Running	Alessandro F.
19:00	Padel Intermedio	Andrea M.
20:00	Padel Intermedio	Andrea M.
19:15	Brazilian Jiu Jitsu	Andrija M.
20:00	Brazilian Jiu Jitsu	Andrija M.
19:15	Brazilian Jiu Jitsu	Andrija M.
20:15	Brazilian Jiu Jitsu	Andrija M.
19:30	Calcio a 5 Femminile	Alessandro F.
20:30	Calcio a 5 Femminile	Alessandro F.
19:30	Calcio a 5 Femminile	Alessandro F.
20:30	Calcio a 5 Femminile	Alessandro F.
20:00	Padel Intermedio	Andrea M.
21:00	Padel Intermedio	Andrea M.
20:00	Salsa & Bachata Intermedio	Isabella I.
21:00	Salsa & Bachata Intermedio	Isabella I.
20:30	Salsa & Bachata Intermedio	Isabella I.
21:30	Salsa & Bachata Intermedio	Isabella I.
21:00	Padel Base	Andrea M.
22:00	Padel Base	Andrea M.

VENERDÌ

13:00	Functional Training	Lorenzo C.
14:00	Functional Training	Lorenzo C.

16:00	Yoga Vinyasa Krama	Teresa P.
17:00	Yoga Vinyasa Krama	Teresa P.
17:00	Yoga Odaka	Teresa P.
18:00	Yoga Odaka	Teresa P.
17:00	Pallavolo	Camilla S.
18:00	Pallavolo	Camilla S.
18:00	Pallavolo	Camilla S.
19:00	Pallavolo	Camilla S.
18:00	Functional Training	Arian K.
19:00	Functional Training	Arian K.
18:00	Functional Training	Arian K.
19:00	Functional Training	Arian K.
19:00	Jazzercise	Paola M.
20:00	Jazzercise	Paola M.
19:00	Pallavolo	Camilla S.
20:00	Pallavolo	Camilla S.
19:00	Pallavolo	Camilla S.
20:00	Pallavolo	Camilla S.
20:00	Salsa & Bachata Base	Isabella I.
21:00	Salsa & Bachata Base	Isabella I.
20:00	Salsa & Bachata Base	Isabella I.
21:00	Salsa & Bachata Base	Isabella I.

SABATO

12:00	Functional Training	Davide B. / Lorenzo C.
13:00	Functional Training	Davide B. / Lorenzo C.

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Masterclass Area

Outdoor

Arena

Padel